



Aftercare Instructions: Lips

For the first 48 hours, your lips will be swollen. You will need to put a cold towel (not excessively cold- no ice) on your lips to reduce the swelling. You may take any over-the-counter pain medicine. Throughout the day, apply a very light coat of A&D ointment on your lips. (Just enough to make your lips feel soft and comfortable, but not wet. Blot off excess. It needs to be dry enough to build a scab.) After the scab forms, you **MUST NOT** peel it off or you risk losing color. The scab will fall off naturally on its own. Your lips will feel chapped and look pale after the scab has fallen off. Apply A&D ointment to your lips for moisture. After 2-3 weeks, they will darken to their true color.

General Aftercare:

- Keep your lips clean to prevent infection. After each meal, rinse and blot them dry. **DO NOT RUB**. Then apply a light coat of ointment. Avoid spicy foods or heat.
- You can wash your face like normal, but blot your lips dry. **DO NOT RUB**.
- Sleeping slightly elevated helps to reduce swelling.
- Wash your hands before touching your lips.
- Some itching is normal. **DO NOT PICK, PEEL OR SCRATCH** your lips or your color may heal unevenly and risk scarring and infection.
- Do not expose your healing skin to direct sun or tanning beds.

Long-Term Aftercare

- Use a good sunscreen daily. Sun exposure will fade your permanent cosmetics.
- Put a light coat of Vaseline on your lips before applying moisturizer. Many moisturizers contain alpha hydroxy acid which will cause your color to significantly fade.

Touch-up Procedure Information:

If you would like to make any changes to your permanent makeup, please call to schedule an appointment two months after your original procedure. Touch-ups are \$25 each, if done within a six month time frame from the original procedure. After six months, the price is adjusted based on evaluation.